FREE PRINTABLE FOR FAMILIES

Pet Care Planner

What your pet needs every day, every week and every few months, on one page you can stick on the fridge. Pair it with phone reminders from childhoodpets.com/free-printables/pet-care-planner/.

Dog · Cat · Guinea Pig · Hamster · Cockatiel · Budgie · Finch · Leopard Gecko · Bearded Dragon · Chinchilla · Fish

How to use it

1. **Print your pet's page.**
   Put it on the fridge or near the cage, tank or food bin.
2. **Fill in the top.**
   Your pet's name, your vet's phone number and the nearest emergency vet.
3. **Share out the jobs.**
   "Kids can help" jobs suit children with a grown-up checking. "Grown-up" jobs need an adult.
4. **Tick and date it.**
   Tick a box for each week's jobs, and write the date when you do the monthly and yearly ones.

Reading the planner

Kids can help A child can do it, or help, with a grown-up checking it really got done.

Grown-up Medicines, nail trims, deep cleans, vet visits and anything with heat, chemicals or handling risks.

Weekly How often. Numbers like [3] point to the sources below. A dagger (†) means no source gives a fixed interval, so we give a common starting point.

Sources

1. Merck Veterinary Manual: Routine Care of Guinea Pigs
2. Merck Veterinary Manual: Providing a Home for a Hamster
3. Merck Veterinary Manual: Routine Health Care of Hamsters
4. Merck Veterinary Manual: Chinchilla Care Checklist
5. Merck Veterinary Manual: Importance of Veterinary Care in Pet Birds
6. Merck Veterinary Manual: Routine Health Care of Fish
7. Merck Veterinary Manual: Providing a Home for Fish
8. VCA Animal Hospitals: Leopard Geckos, Care and Feeding
9. VCA Animal Hospitals: Bearded Dragons, Feeding
10. AAHA-AVMA Canine Preventive Healthcare Guidelines
11. 2021 AAHA/AAFP Feline Life Stage Guidelines
12. AVMA: Pet Dental Care
13. CDC: Reptiles and Amphibians (Healthy Pets)
14. CDC: Cats (Healthy Pets)

Links to every source: childhoodpets.com/free-printables/pet-care-planner/#sources

A grown-up stays responsible
Kids can take on real jobs, but a pet's food, water, health and safety are always an adult's job. Check every day that the care really happened.

Not veterinary advice
General information for healthy pets; not reviewed by a vet. Young, older or unwell pets often need a different routine. Ask your vet, and for small pets, birds, reptiles and fish, one who treats exotic pets.

Chinchilla Care Planner

Daily, weekly and monthly chinchilla care at a glance

Childhood Pets.com

Pet's name _____ Vet & phone _____ Emergency vet _____

Every day

Fresh water, food and hay[4]

Pellets, unlimited hay, about 1 teaspoon of veggies

Daily · Kids can help

Dust bath[4]

About 10 minutes, then take the bath out

Daily · Kids can help

Supervised exercise[4]

About 2 hours in a chin-proofed room

Daily · Grown-up

Change the bedding[4]

Fresh bedding where it's soiled

Daily · Kids can help

Check the room temperature†

Chinchillas overheat easily; keep the room cool

Daily · Kids can help

Each week

Clean bowls and water bottle[4]

Wash and rinse

Every 2 days · Kids can help

Clean and disinfect the whole cage[4]

Pet-safe disinfectant, rinse and dry

Weekly · Grown-up

Wk ☐ ☐ ☐ ☐ ☐

Twice a year & yearly

Checkup with an exotic-pet vet†

Yearly, including teeth

Yearly · Grown-up

Last done _____

Notes from our vet

For grown-ups

- Never bathe a chinchilla in water; use dust only.
- Drooling, not eating or small droppings need an exotic-pet vet quickly.
- A grown-up stays responsible for food, water, health and safety. If your pet seems unwell, call a vet.

Dates to remember

Next checkup _____

Meds / vaccines _____

Weight _____