FREE PRINTABLE FOR FAMILIES

Pet Care Planner

What your pet needs every day, every week and every few months, on one page you can stick on the fridge. Pair it with phone reminders from childhoodpets.com/free-printables/pet-care-planner/.

Dog · Cat · Guinea Pig · Hamster · Cockatiel · Budgie · Finch · Leopard Gecko · Bearded Dragon · Chinchilla · Fish

How to use it

1. **Print your pet's page.**
   Put it on the fridge or near the cage, tank or food bin.
2. **Fill in the top.**
   Your pet's name, your vet's phone number and the nearest emergency vet.
3. **Share out the jobs.**
   "Kids can help" jobs suit children with a grown-up checking. "Grown-up" jobs need an adult.
4. **Tick and date it.**
   Tick a box for each week's jobs, and write the date when you do the monthly and yearly ones.

Reading the planner

Kids can help A child can do it, or help, with a grown-up checking it really got done.

Grown-up Medicines, nail trims, deep cleans, vet visits and anything with heat, chemicals or handling risks.

Weekly How often. Numbers like [3] point to the sources below. A dagger (†) means no source gives a fixed interval, so we give a common starting point.

Sources

1. Merck Veterinary Manual: Routine Care of Guinea Pigs
2. Merck Veterinary Manual: Providing a Home for a Hamster
3. Merck Veterinary Manual: Routine Health Care of Hamsters
4. Merck Veterinary Manual: Chinchilla Care Checklist
5. Merck Veterinary Manual: Importance of Veterinary Care in Pet Birds
6. Merck Veterinary Manual: Routine Health Care of Fish
7. Merck Veterinary Manual: Providing a Home for Fish
8. VCA Animal Hospitals: Leopard Geckos, Care and Feeding
9. VCA Animal Hospitals: Bearded Dragons, Feeding
10. AAHA-AVMA Canine Preventive Healthcare Guidelines
11. 2021 AAHA/AAFP Feline Life Stage Guidelines
12. AVMA: Pet Dental Care
13. CDC: Reptiles and Amphibians (Healthy Pets)
14. CDC: Cats (Healthy Pets)

Links to every source: childhoodpets.com/free-printables/pet-care-planner/#sources

A grown-up stays responsible
Kids can take on real jobs, but a pet's food, water, health and safety are always an adult's job. Check every day that the care really happened.

Not veterinary advice
General information for healthy pets; not reviewed by a vet. Young, older or unwell pets often need a different routine. Ask your vet, and for small pets, birds, reptiles and fish, one who treats exotic pets.

Bearded Dragon Care Planner

Daily, weekly and monthly bearded dragon care at a glance

Childhood Pets.com

Pet's name _____ Vet & phone _____ Emergency vet _____

Every day

Fresh water [9]

Change and disinfect the bowl

Daily · Kids can help

Fresh greens †

Chopped salad; remove leftovers

Daily · Kids can help

Check temperatures and UVB on †

Basking spot and cool side

Daily · Kids can help

Spot-clean [13] †

Remove poop, then wash hands

Daily · Kids can help

Each week

Insect feeding (adults) [9]

Adults every 1 to 3 days; young dragons once or twice daily. Calcium dusting as your vet advises

Every 2 days · Grown-up

Warm soak [9]

A few times a week, shallow warm water, always supervised

2–3× a week · Grown-up

Every few weeks

Deep clean the enclosure [13] †

Away from the kitchen

Monthly · Grown-up

Last done _____

Twice a year & yearly

Replace the UVB bulb †

UVB fades before the light looks dim. Follow the bulb maker's timing

Every 6 months · Grown-up

Last done _____

Reptile vet checkup [13] †

Regular checkups with an exotic-pet vet

Yearly · Grown-up

Last done _____

Notes from our vet

For grown-ups

- CDC: children under 5 shouldn't touch reptiles; bearded dragons have been linked to Salmonella outbreaks.
- Waxworms and superworms are occasional treats, not daily food.
- A grown-up stays responsible for food, water, health and safety. If your pet seems unwell, call a vet.

Dates to remember

Next checkup _____

Meds / vaccines _____

Weight _____